

"15. Smile. I can't think of an expression that can have a more positive impact on someone else—and on yourself. It's difficult to be angry or cranky when you're smiling.

"16. Pray for peace. If you believe in prayer, you already understand its power. If you don't, what do you have to lose?

"17. Tell people you love them. It's something you can't do too often. It's something they will never tire of hearing."

Words well spoken, Harry Dietz.

MATERNAL HEALTH CARE

Mr. COSTELLO of Pennsylvania. Mr. Speaker, I rise in support of H.R. 315, the Improving Access to Maternity Care Act.

As we look to strengthen health care, one area where we must continue to show leadership is in the delivery of quality and timely maternal and prenatal care. Certain areas of the country, though, suffer from a shortage of professionals to provide this essential care.

For over 40 years, the National Health Service Corps has helped to place primary, dental, and mental health providers in underserved areas. This bill would use data collected from the National Health Service Corps to designate and place maternal healthcare providers in those areas of the country where they are most needed. This will help to solve the shortage of maternal healthcare professionals and ensure new and expecting mothers have access to the care they need.

Mr. Speaker, the statistics don't lie: mothers without access to prenatal care are more likely to experience serious but avoidable complications during birth, which makes passage of H.R. 315, the Improving Access to Maternity Care Act, which I am proud to support, such an important bill.

CONFRONTING THE REALITY OF HEALTH CARE

The SPEAKER pro tempore. The Chair recognizes the gentleman from Oregon (Mr. BLUMENAUER) for 5 minutes.

Mr. BLUMENAUER. Mr. Speaker, the campaign rhetoric and politics of the last 7 years now must confront the reality of health care.

No political party can repeal the basic economics. All of the features that make health insurance policies better today—the elimination of lifetime limits on health insurance payments; preventing denial for pre-existing conditions; charging women the same premium as men, not more; keeping children on their parents' insurance policies until age 26—are wildly popular, but they all increase the cost of insurance.

We cannot allow people to wait until they are sick to get a policy. That undermines the very concept of insurance, hence, the mandate to have health insurance.

The truth is that the impact of the Affordable Care Act has resulted in

healthcare costs rising more slowly than before the act. We have expanded coverage and subsidized care for millions of Americans, while improving the quality of health insurance. All of these reforms are, in fact, working.

A reckless act to repeal something that is now baked into the healthcare system on which millions of Americans rely and benefit from—indeed, the entire system benefits from—would have serious destabilizing effects beyond the loss of coverage for almost 30 million Americans. Republican efforts to weaken Medicaid for the poor and disabled and undermine Medicare for the elderly means that almost 100 million Americans have their health care at risk.

We will begin the battle fighting any effort by the new administration and the suddenly empowered Republican majority to act on their campaign rhetoric abolishing ObamaCare but not providing a replacement. A repeal without a clear alternative replacement at the same time is unacceptable. It is not just unacceptable to Democrats in Congress. It is unacceptable to millions of recently insured Americans—in fact, millions found in red States—unacceptable to healthcare professionals, insurance companies, hospitals, and the vast array of other people involved with the healthcare industry. Most importantly, it is unacceptable to our families.

The most unpopular feature of ObamaCare was the name, suggesting, perhaps, a simple solution. When identified with the President, the Affordable Care Act provisions were 20 percent more unpopular than when the act was described in exactly the same terms but the name was different. So perhaps we just allow the Republicans to abolish "ObamaCare" and then get back down to work doing what we should have been doing for the last 7 years: making the Affordable Care Act better.

By all means, let's look for ways to make the system less burdensome. We can continue to demand accountability, but allow some competition with value-based purchasing and negotiation of prescription drug prices by the largest pharmaceutical customer in the world: the Federal Government. Dealing with skyrocketing prescription drug prices and other outrageous practices by some in the pharmaceutical industry will find broad support in and out of Congress.

When the Republican majority and the new administration get serious about a replacement that keeps all of their campaign promises and protects the industry from chaos and consumers from loss of essential coverage, there will be plenty of bipartisan cooperation. But any effort of breaking that fundamental promise by denying coverage and upsetting the healthcare marketplace will be met with strong opposition, and, ultimately, they will lose.

For the sake of the American families and the people who provide health care, not only should they lose, they

must lose. We must stand strong and united on that proposition.

TRIBUTE TO DEAN BORG

The SPEAKER pro tempore. The Chair recognizes the gentleman from Iowa (Mr. YOUNG) for 5 minutes.

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to honor veteran Iowa journalist Dean Borg and to offer my congratulations on his upcoming retirement from Iowa Public Television's "Iowa Press."

Dean Borg is a leader in Iowa, in our community, and his contributions to over four decades of "Iowa Press" are unparalleled. His presence on Iowa Public Television's respected weekly news program will surely be missed.

A native of Forest City, Borg attended Iowa State University and began his journalism career at WOI Radio while still a student. Earning degrees in journalism and public education from Iowa State University and the University of Iowa, Borg served as a reporter and later as news director for WMT Radio and WMT Television stations in Cedar Rapids. His career path is an example of how Iowa hard work, talent, and dedication can set you on the path to achieving remarkable successes in life.

Dean Borg's first appearance on "Iowa Press" took place on January 16, 1972, during the program's fourth episode, as a panelist, while still working for WMT News. The other panelists who joined him that day were Iowa State Representative Frank Bowers, a Democrat from Orange City, and John McCormally, of the Burlington Hawk Eye newspaper. Borg later went on to host the television program for decades, providing the insightful commentary and leadership of discussions with numerous guests from around the State and country.

Borg's commitment to Iowa Public Television, work moderating nationally broadcast Presidential debates and beyond, has set the bar high for aspiring journalists in Iowa and across the country.

From his contributions to the show's decades of broadcasts to his documentary reporting from around the world, Dean Borg has spent a career dedicated to providing folks with national and statewide news. With this type of commitment, it is not surprising Borg has interviewed every President since Lyndon B. Johnson and many of the Presidential contenders who travel through our first-in-the-Nation State.

I can attest to Dean Borg's dedication to his craft personally, as I have had the honor of getting to know him—I have been on the "Iowa Press" show with him—as a Member of Congress and throughout my career working for the people of Iowa.

He is the longest serving program host in Iowa Public Television history, a significant feat. He is an award-winning journalist, an Iowa State distinguished alumnus, and a trailblazer in